# **Course Information Sheet**

## Wellbeing Through Tile Painting





Venue © Hyde Park House	Start Date	7 Oct 2024 18:00
	End Date	21 Oct 2024 20:30
	Fee	Full fee £33 Concession £16
	Materials	£10

## OCSW AE09E13B Wellbeing Though Tile Painting (oncoursesouthwest.co.uk)

Unleash your creativity and find calm with Wellbeing Through Tile Painting! This 3-week course explores the therapeutic art of tile painting, teaching you to create beautiful artwork while promoting relaxation and well-being.

## **Course Description:**

Feeling overwhelmed? Our Wellbeing Through Tile Painting course offers a creative escape for stress management and self-expression. Learn the basics of tile painting, a meditative art form that allows you to unwind and connect with your inner artist. No prior experience is necessary! This course guides you through selecting tiles, preparing surfaces, and using various painting techniques to create stunning tile designs. By the end of the course, you'll have a unique piece of hand-painted artwork to take home, along with newfound skills and a sense of accomplishment.

#### What will I learn?

- Week 1: Introduction to Tile Painting & Materials: Explore the history and therapeutic benefits of tile painting. Learn about different types of tiles, paints, and tools you'll need to get started. Practise basic brushwork techniques.
- Week 2: Design & Planning: Develop your creative vision! Learn about design principles for tile painting, explore colour theory, and practice transferring your design onto a tile.

 Week 3: Painting & Finishing Techniques: Put your skills into action! Learn various painting techniques like glazing, stencilling, and stamping to create your unique tile artwork. Finishing touches like grouting and sealing complete your piece.

#### How will I be assessed?

- **Formative:** Interactive discussions, group critiques, practical exercises like brushwork practice and tile preparation throughout the course.
- **Summative:** Develop and present your final hand-painted tile artwork, reflecting on the creative process and its impact on your well-being.

#### Who is this course for?

This course is designed for anyone seeking a relaxing and creative outlet. It's perfect for individuals interested in exploring art therapy techniques, managing stress, or simply enjoying a new hobby.

## **Progression Opportunities:**

After completing this course, you could explore online resources or workshops on advanced tile painting techniques. Consider enrolling in longer art courses focusing on specific mediums like acrylics or watercolours. Look for courses in art therapy to delve deeper into the therapeutic benefits of art-making.

#### **Career or Job Enhancement Pathways:**

- Art Therapist: This course can spark an interest in pursuing further training in art therapy, a
  career that uses art-making for therapeutic purposes.
- Tile Artist: Develop your skills and create decorative tiles for sale in galleries, online marketplaces, or for private commissions.
- Arts & Crafts Instructor: Share your passion for tile painting by leading workshops or online tutorials.
- Interior Designer: Enhance your knowledge of decorative tiles for incorporating them into design projects.

## How do I enrol?

If you are paying the full fee, the quickest way to enrol is online at www.oncoursesouthwest.co.uk, simply create an account and select enrol now. Alternatively, you will need to speak to one of our customer service team on 01752 660713.

#### How will the course be delivered?

This is a practical course, and the sessions will include tutor-led demonstrations, learner-led group activities, instruction and repetition. These will form part of the delivery together with one-to-one support as required.

## Will I need to practise outside the classroom?

You will be encouraged to review your notes between lessons to ensure maximum benefit from your course. It is always useful to practise your skills between sessions. Your tutor may encourage home learning, or independent research.

## How will I know I'm making progress?

During the first session, your tutor will discuss your goals and current level in relation to the course. Based on this assessment, you will agree individual targets which you will record in your individual learning plan (ILP). You and your tutor will review your targets regularly to ensure that you are making progress; these will be written in your individual learning plan.

## What will I need?

Please bring a notepad, and pen to each session. You may wish to bring a file for any handouts. A laptop with internet access is required for completion of coursework and home learning outside of the classroom.

## Please note:

Most courses attract a subsidy from the Education and Skills Funding Agency (ESFA).

It is a requirement of the ESFA that you complete various forms at different stages of your course, further information is available on request. Courses are subject to a minimum number of enrolments and could be cancelled if recruitment is low. In some cases, an alternative class at a different location may be offered.

Terms and conditions are available at

https://www.oncoursesouthwest.co.uk/learner-information/essential-information-for-every-learner Room numbers are subject to change - please check when you arrive at the venue.