Course Information Sheet

Wellbeing Crafts with Wax

AE09E43B

Venue		Start Date	10 Oct 2024 18:00
⚲ **Hyde Park House**		**End Date**	22 Oct 2024 20:30
		Fee	Full Fee £28 Concession £11
		Materials	£5

[OCSW AE09E43B Wellbeing Crafts with Wax (oncoursesouthwest.co.uk)](https://oncoursesouthwest.co.uk)

Discover the calming and creative world of wax crafts in our 4-week Wellbeing Crafts with Wax course! Learn essential techniques, create beautiful projects, and unwind with a mindful artistic outlet.

Course Description:

Feeling the need to de-stress and express yourself creatively? Wellbeing Crafts with Wax offers a unique and therapeutic approach. This beginner-friendly course introduces you to the fascinating world of wax crafting over four weeks. Explore different waxes and their uses while learning essential techniques like carving, pouring, dyeing, and decorating. Discover the joy of creating beautiful and functional wax projects like soy candles, decorative wax melts, sculpted ornaments, or even exploring container customization. By the end of the course, you'll have completed several wax creations to take home, along with newfound skills and a sense of creative accomplishment.

What will I learn?

- **Week 1: Introduction to Wax & Mindfulness:** Explore the history and therapeutic benefits of working with wax. Learn about different wax types, safety precautions, and essential tools. Practise basic design techniques and mindfulness exercises to enhance focus and relaxation.
- **Week 2: Exploring Wax Techniques:** Delve into different wax crafting techniques like soy candle making, wax melt creation, basic wax sculpting, and an introduction to dyeing techniques for wax.

- **Week 3: Project Development & Design:** Focus on project development. Learn about mold making (optional), explore container options for candles, and refine your chosen project design based on your interests.
- **Week 4: Project Completion & Finishing Touches:** Put your skills into action! Create your chosen wax project, focusing on finishing techniques like wick placement, container decoration, and presentation.

How will I be assessed?

- **Formative:** Interactive discussions, group critiques, practical exercises like exploring different waxes, practising techniques, creating design mockups, and completing a chosen wax craft project throughout the course.
- **Summative:** Develop, create, and present your final wax craft project, reflecting on the learning process and its impact on your well-being.

Who is this course for?

This course is designed for anyone seeking a creative and relaxing outlet. It's perfect for beginners with no prior experience, individuals interested in exploring art therapy techniques, or anyone looking to manage stress, find a mindful hobby, and create beautiful decorative or functional wax crafts.

Progression Opportunities:

After completing this course, you could explore online resources or workshops on advanced wax craft techniques like mold making, coloured wax inclusions, advanced candle pouring methods, or container customization. Consider enrolling in longer art courses focusing on sculpture or mixed media, incorporating wax as an artistic element. Look for courses in art therapy to delve deeper into the therapeutic benefits of art-making. There are also online resources available on starting a small business selling your unique wax creations.

Career or Job Enhancement Pathways:

- **Candle Maker (with further training):** This course can spark an interest in pursuing a career in candle making, specialising in unique and handcrafted candles.
- **Craft Business Owner:** Turn your passion for wax crafts into a business by selling your creations online or at craft fairs.

- **Art Therapist (with further training):** Explore the therapeutic benefits of wax crafts further and pursue a career in art therapy.
- **Prop Maker (with further training):** Develop your sculpting skills with wax and consider a career in prop making for film or theatre productions.

How do I enrol?
If you are paying the full fee, the quickest way to enrol is online at www.oncoursesouthwest.co.uk, simply create an account and select enrol now. Alternatively, you will need to speak to one of our customer service team on 01752 660713.

How will the course be delivered?
This is a practical course, and the sessions will include tutor-led demonstrations, learner-led group activities, instruction and repetition. These will form part of the delivery together with one-to-one support as required.

Will I need to practise outside the classroom?
You will be encouraged to review your notes between lessons to ensure maximum benefit from your course. It is always useful to practise your skills between sessions. Your tutor may encourage home learning, or independent research.

How will I know I'm making progress?
During the first session, your tutor will discuss your goals and current level in relation to the course. Based on this assessment, you will agree individual targets which you will record in your individual learning plan (ILP). You and your tutor will review your targets regularly to ensure that you are making progress; these will be written in your individual learning plan.

What will I need?
Please bring a notepad, and pen to each session. You may wish to bring a file for any handouts. A laptop with internet access is required for completion of coursework and home learning outside of the classroom.

Please note:
Most courses attract a subsidy from the Education and Skills Funding Agency (ESFA).
It is a requirement of the ESFA that you complete various forms at different stages of your course, further information is available on request. Courses are subject to a minimum number of enrolments and could be cancelled if recruitment is low. In some cases, an alternative class at a different location may be offered.

Terms and conditions are available at
https://www.oncoursesouthwest.co.uk/learner-information/essential-information-for-every-learner
Room numbers are subject to change - please check when you arrive at the venue.