

Course Information Sheet

Circular Living Principles/Sustainable Home and Lifestyle Choices



AH03E23A

Venue TBC	Start Date	1 Oct 2024 18:00
	End Date	22 Oct 2024 20:30
	Fee	Full fee £30 Concession £8
	Materials	£0

[OCSW AH03E23A Circular Living Principles/Sustainable Home and Lifestyle Choices \(oncoursesouthwest.co.uk\)](https://oncoursesouthwest.co.uk)

Embrace a more sustainable lifestyle! Learn how to adopt circular economy principles at home and minimise your environmental impact.

Course Description:

Make a difference where it matters most - at home! This practical 4-week course, Circular Living Principles/Sustainable Home and Lifestyle Choices, equips you with the knowledge and tools to implement circular economy principles in your daily life. Explore ways to reduce waste, embrace reusability, and make informed consumption choices. Learn how to shop sustainably, extend the life of your belongings, and minimise your environmental footprint. Join us and discover how small changes can create a big impact for a more sustainable future!

What will I learn?

- **Week 1:** The Circular Economy Explained - Understand the concept of a circular economy, explore its benefits, and discover how it applies to everyday living.
- **Week 2:** Reduce, Reuse, Rethink Your Consumption - Explore strategies to minimise waste generation, discover creative reuse ideas for household items, and learn how to make sustainable shopping choices.
- **Week 3:** Extending the Lifespan of Your Belongings - Learn practical tips for repairing and maintaining your belongings, explore responsible disposal methods, and discover the benefits of a sharing economy.

- **Week 4:** A Sustainable Home in Action - Develop a personalised action plan to implement circular principles in your home, outlining strategies for reducing waste, reusing items, and making sustainable choices.

How will I be assessed?

- **Formative:** Interactive quizzes and discussion forums will test your understanding and encourage you to share ideas for sustainable living.
- **Summative:** Develop a personalised action plan outlining specific actions you will take to incorporate circular economy principles into your daily life at home.

Who is this course for?

This course is open to anyone interested in living more sustainably and minimising their environmental impact.

Who is your target audience?

This course is designed for learners hoping to develop their understanding of the circular economy and its application in everyday life. It empowers them to take actionable steps towards a more sustainable home and lifestyle.

Progression Opportunities:

After completing this course, you can delve deeper into specific areas like sustainable consumption, waste management practices, or life cycle assessment. Consider pursuing certifications in circular economy principles or sustainable living practices. Numerous universities across the UK offer further studies in Environmental Science, Sustainability Management, and related fields.

Career or Job Enhancement Pathways:

This course can be a stepping stone towards various careers promoting sustainability, including:

- Sustainability Consultant
- Circular Economy Specialist
- Sustainable Product Developer
- Zero Waste Specialist

How do I enrol?

If you are paying the full fee, the quickest way to enrol is online at www.oucoursesouthwest.co.uk, simply create an account and select enrol now. Alternatively, you will need to speak to one of our customer service team on 01752 660713.

How will the course be delivered?

This is a practical course, and the sessions will include tutor-led demonstrations, learner-led group activities, instruction and repetition. These will form part of the delivery together with one-to-one support as required.

Will I need to practise outside the classroom?

You will be encouraged to review your notes between lessons to ensure maximum benefit from your course. It is always useful to practise your skills between sessions. Your tutor may encourage home learning, or independent research.

How will I know I'm making progress?

During the first session, your tutor will discuss your goals and current level in relation to the course. Based on this assessment, you will agree individual targets which you will record in your individual learning plan (ILP). You and your tutor will review your targets regularly to ensure that you are making progress; these will be written in your individual learning plan.

What will I need?

Please bring a notepad, and pen to each session. You may wish to bring a file for any handouts. A laptop with internet access is required for completion of coursework and home learning outside of the classroom.

Please note:

Most courses attract a subsidy from the Education and Skills Funding Agency (ESFA). It is a requirement of the ESFA that you complete various forms at different stages of your course, further information is available on request. Courses are subject to a minimum number of enrolments and could be cancelled if recruitment is low. In some cases, an alternative class at a different location may be offered.

Terms and conditions are available at

<https://www.oucoursesouthwest.co.uk/learner-information/essential-information-for-every-learner>

Room numbers are subject to change - please check when you arrive at the venue.