

Course Information Sheet

Personal Carbon Footprint Management / Responsible Travel
for Individuals



AH03E23B

Venue TBC	Start Date	5 Nov 2024 18:00
	End Date	26 Nov 2024 20:30
	Fee	Full fee £30 Concession £8
	Materials	£0

[OCSW AH03E23B Personal Carbon Footprint Management / Responsible Travel for Individuals \(oncoursesouthwest.co.uk\)](https://oncoursesouthwest.co.uk)

Take control of your environmental impact! This course equips you with the knowledge and tools to minimise your carbon footprint and travel responsibly.

Course Description:

Join us for a practical, 4-week course in Personal Carbon Footprint Management and Responsible Travel! Explore ways to reduce your environmental impact at home and on the go. Learn how to calculate your carbon footprint, discover eco-friendly travel options, and make sustainable choices throughout your daily life. This course empowers you to become a more responsible traveller and citizen, minimising your impact on our planet.

What will I learn?

- **Week 1:** Understanding Carbon Footprint - What it is, how it's calculated, key contributors (energy use, transportation, etc.).
- **Week 2:** Reducing Your Carbon Footprint at Home - Energy efficiency, sustainable consumption, waste reduction strategies.
- **Week 3:** Responsible Travel Practices - Choosing eco-friendly destinations, transportation options, minimising your impact on local environments.
- **Week 4:** Building Sustainable Habits - Action planning, ongoing monitoring, and continual improvement.

How will I be assessed?

- **Formative:** Interactive quizzes, discussions, and self-reflection activities.
- **Summative:** Carbon footprint reduction plan with a focus on travel choices.

Who is this course for?

This course is open to anyone interested in reducing their environmental impact and becoming a more responsible traveller.

Target Audience:

Learners hoping to develop their understanding of environmental issues and make sustainable choices in their everyday lives and travel habits.

Progression Opportunities:

This course can be a stepping stone towards further qualifications in environmental science, sustainability management, or ecotourism. You can explore options like a Level 3 Certificate in Environmental Studies or a Diploma in Sustainable Tourism.

Career or Job Enhancement Pathways:

- Sustainability consultant
- Eco-travel specialist
- Environmental educator
- Green product developer

How do I enrol?

If you are paying the full fee, the quickest way to enrol is online at www.oucoursesouthwest.co.uk, simply create an account and select enrol now. Alternatively, you will need to speak to one of our customer service team on 01752 660713.

How will the course be delivered?

This is a practical course, and the sessions will include tutor-led demonstrations, learner-led group activities, instruction and repetition. These will form part of the delivery together with one-to-one support as required.

Will I need to practise outside the classroom?

You will be encouraged to review your notes between lessons to ensure maximum benefit from your course. It is always useful to practise your skills between sessions. Your tutor may encourage home learning, or independent research.

How will I know I'm making progress?

During the first session, your tutor will discuss your goals and current level in relation to the course. Based on this assessment, you will agree individual targets which you will record in your individual learning plan (ILP). You and your tutor will review your targets regularly to ensure that you are making progress; these will be written in your individual learning plan.

What will I need?

Please bring a notepad, and pen to each session. You may wish to bring a file for any handouts. A laptop with internet access is required for completion of coursework and home learning outside of the classroom.

Please note:

Most courses attract a subsidy from the Education and Skills Funding Agency (ESFA). It is a requirement of the ESFA that you complete various forms at different stages of your course, further information is available on request. Courses are subject to a minimum number of enrolments and could be cancelled if recruitment is low. In some cases, an alternative class at a different location may be offered.

Terms and conditions are available at

<https://www.onscoursesouthwest.co.uk/learner-information/essential-information-for-every-learner>

Room numbers are subject to change - please check when you arrive at the venue.

