# Course Information Sheet

# **Exploring Public Speaking**

### AH09E43D



Sir John Hunt Community Sports College	Start Date	3 Oct 2024 18:00
	End Date	28 Nov 2024 20:30
	Fee	Full Fee £60 Concession £15
	Materials	£0

# OCSW AH09E43D Exploring Public Speaking (oncoursesouthwest.co.uk)

Conquer your fear of public speaking! Gain the confidence and skills to deliver impactful presentations.

# **Course Description:**

Do public speaking opportunities leave you feeling anxious? This dynamic 8-week course, Exploring Public Speaking, empowers you to transform from a nervous presenter to a confident communicator. Learn the essential elements of effective public speaking, from crafting compelling content to mastering delivery techniques. Explore strategies for overcoming stage fright, engaging your audience, and using powerful body language. Through interactive workshops, presentations, and video analysis, you'll gain the practical tools and confidence to deliver presentations that inspire and captivate any audience. Join us and find your voice!

### What will I learn?

- Week 1 & 2: Foundations of Public Speaking Unveil the core principles of effective public speaking, explore different types of presentations (informative, persuasive), and analyse the power of communication.
- Week 3 & 4: Crafting Your Message Learn how to structure a clear and engaging
  presentation, develop strong content with captivating visuals, and discover techniques for
  effective storytelling.
- Week 5 & 6: Delivery & Performance Master the art of delivery through vocal techniques, effective body language, and managing stage fright. Practise your presentation skills through workshops and peer feedback.
- Week 7 & 8: Advanced Techniques & The Confident Speaker Explore persuasive speaking strategies, develop your personal presentation style, and gain confidence to deliver powerful presentations in any setting.

#### How will I be assessed?

- **Formative:** Weekly presentation exercises, video self-analysis activities, and peer feedback sessions will enable you to refine your skills and receive constructive criticism.
- **Summative:** A final presentation on a chosen topic where you'll showcase your learned skills in crafting content, delivery, and audience engagement.

#### Who is this course for?

This course is open to anyone who wants to improve their public speaking skills, regardless of experience level.

### Who is your target audience?

This course is designed for learners hoping to develop a new level of confidence and competence in public speaking. It caters to those who want to overcome stage fright, craft compelling presentations, master delivery techniques, and become impactful communicators in various settings.

#### **Progression Opportunities:**

After completing this course, you can delve deeper into specific areas of public speaking that pique your interest (e.g., business communication, public speaking coaching). Consider pursuing further studies in communication programs offered by universities across the UK.

#### **Career or Job Enhancement Pathways:**

This course can be a stepping stone towards various careers that benefit from strong communication skills, such as:

- Teacher/Lecturer
- Business Professional (presentations, meetings)
- Sales & Marketing Professional
- Public Relations Specialist

# How do I enrol?

If you are paying the full fee, the quickest way to enrol is online at www.oncoursesouthwest.co.uk, simply create an account and select enrol now. Alternatively, you will need to speak to one of our customer service team on 01752 660713.

#### How will the course be delivered?

This is a practical course, and the sessions will include tutor-led demonstrations, learner-led group activities, instruction and repetition. These will form part of the delivery together with one-to-one support as required.

#### Will I need to practise outside the classroom?

You will be encouraged to review your notes between lessons to ensure maximum benefit from your course. It is always useful to practise your skills between sessions. Your tutor may encourage home learning, or independent research.

#### How will I know I'm making progress?

During the first session, your tutor will discuss your goals and current level in relation to the course. Based on this assessment, you will agree individual targets which you will record in your individual learning plan (ILP). You and your tutor will review your targets regularly to ensure that you are making progress; these will be written in your individual learning plan.

#### What will I need?

Please bring a notepad, and pen to each session. You may wish to bring a file for any handouts. A laptop with internet access is required for completion of coursework and home learning outside of the classroom.

#### Please note:

Most courses attract a subsidy from the Education and Skills Funding Agency (ESFA). It is a requirement of the ESFA that you complete various forms at different stages of your course, further information is available on request. Courses are subject to a minimum number of enrolments and could be cancelled if recruitment is low. In some cases, an alternative class at a different location may be offered.

Terms and conditions are available at

https://www.oncoursesouthwest.co.uk/learner-information/essential-information-for-every-learner Room numbers are subject to change - please check when you arrive at the venue.









