Course Information Sheet

Employability Skills and Autism

DE14E21E

Venue		
⊙ **Plymouth Central Library**		

Start Date	5 Nov 2024 09:30
End Date	26 Nov 2024 11:30
Fee	£0
Materials	£0

OCSW DE14E21E Employability Skills and Autism (oncoursesouthwest.co.uk)

Thrive in the workplace! This 4-week course empowers individuals on the autism spectrum to develop key employability skills and navigate the job market with confidence.

Course Description:

The world of work can be challenging for those on the autism spectrum. Our Employability Skills and Autism course provides the tools and strategies you need to bridge the gap and excel in your career! Learn to identify your strengths, navigate social situations in the workplace, and develop effective communication skills. This course is designed to empower individuals on the autism spectrum to unlock their full potential and achieve their career goals.

What will I learn?

- **Week 1: Self-Awareness & Strengths:** Explore your unique strengths and identify areas for development in the context of employability skills.
- **Week 2: Communication Strategies:** Develop effective communication techniques for interviews, presentations, and collaborating with colleagues.
- **Week 3: Navigating the Workplace:** Understand workplace culture, manage sensory sensitivities, and develop strategies for social interaction.
- **Week 4: Job Search & Interview Skills:** Craft a compelling resume, prepare for job interviews with confidence, and learn effective self-advocacy techniques.

How will I be assessed?

- **Formative:** Interactive exercises, group discussions, self-reflection activities, and peer feedback throughout the course.
- **Summative:** Develop a personalised employment action plan and deliver a mock interview presentation.

Who is this course for?

This course is specifically designed for individuals on the autism spectrum seeking employment or looking to enhance their existing workplace skills.

Progression Opportunities:

After completing this course, you could progress to more specialised training programs aligned with your chosen career path. Further options include online resources and certifications related to project management, leadership, or specific industry skills. Consider exploring supported employment programs or job coaching services for continued guidance.

Career or Job Enhancement Pathways:

- **Many Industries:** Gain the confidence and skills to succeed in various fields.
- **Technical roles:** Leverage your detail-oriented nature and excel in coding, data analysis, or engineering.
- **Creative roles:** Explore careers in design, web development, or content creation where your unique perspective thrives.
- **Independent work:** Develop the skills and confidence to pursue freelance or entrepreneurial opportunities.

How do I enrol?
The quickest way to enrol is online at www.oncoursesouthwest.co.uk, simply create an account and select 'Enrol now'. Alternatively, if you have any questions, please call our friendly customer service team on 01752 660713.

How will the course be delivered?

This is a practical course, and the sessions will include tutor-led demonstrations, learner-led group activities, instruction and repetition. These will form part of the delivery together with one-to-one support as required.

Will I need to practise outside the classroom?
You will be encouraged to review your notes between lessons to ensure maximum benefit from your course. It is always useful to practise your skills between sessions. Your tutor may encourage home learning, or independent research.

How will I know I'm making progress?
During the first session, your tutor will discuss your goals and current level in relation to the course. Based on this assessment, you will agree individual targets which you will record in your individual learning plan (ILP). You and your tutor will review your targets regularly to ensure that you are making progress; these will be written in your individual learning plan.

What will I need?
Please bring a notepad, and pen to each session. You may wish to bring a file for any handouts. A laptop with internet access is required for completion of coursework and home learning outside of the classroom.

Please note:
Most courses attract a subsidy from the Education and Skills Funding Agency (ESFA).
It is a requirement of the ESFA that you complete various forms at different stages of your course, further information is available on request. Courses are subject to a minimum number of enrolments and could be cancelled if recruitment is low. In some cases, an alternative class at a different location may be offered.
Terms and conditions are available at
https://www.oncoursesouthwest.co.uk/learner-information/essential-information-for-every-learner
Room numbers are subject to change - please check when you arrive at the venue.