

# Course Information Sheet

## Mastering Learning

DE14E31B



<b>Venue</b> 📍 Hyde Park House	<b>Start Date</b>	11 Sept 2024 10:30
	<b>End Date</b>	18 Sept 2024 13:00
	<b>Fee</b>	£0
	<b>Materials</b>	£0

[OCSW DE14E31B Mastering Learning \(oncoursesouthwest.co.uk\)](https://oncoursesouthwest.co.uk)

Fast-track your learning success! Gain powerful strategies for memory, time management, and a growth mindset in just 2 weeks.

### Course Description:

This intensive 2-week Mastering Learning course equips you with the tools and techniques to become a master learner. Explore different learning styles, discover cutting-edge memory improvement methods, and develop effective study habits. Learn strategies to overcome procrastination, manage your time effectively, and approach challenges with a growth mindset. This fast-paced and interactive course is ideal for busy individuals who want to maximise their learning outcomes in a short timeframe.

### What will I learn?

The course is designed for a focused learning experience over 2 weeks:

- **Week 1: Mastering the Fundamentals** - Explore different learning styles, discover powerful memory techniques for information retention, and develop effective note-taking strategies.
- **Week 2: Strategies for Success** - Learn time management skills to optimise your study schedule, overcome procrastination, and cultivate a growth mindset for continuous learning.

### How will I be assessed?

- **Formative assessment:** Active participation in class discussions, applying strategies through practical exercises, and self-reflection activities will provide opportunities for learning and applying techniques.
- **Summative assessment:** Course completion may involve a learning plan outlining chosen strategies for future learning or a reflection essay on your learning journey and key takeaways.

### **Who is this course for?**

This course is designed for anyone who wants to improve their learning skills quickly and efficiently. It's ideal for students with upcoming exams, working professionals seeking to upskill, or anyone who wants to become a more effective learner in a shorter time frame.

### **Progression Opportunities:**

This course is a springboard for further exploration of specific learning strategies. Consider enrolling in online courses on advanced memory techniques, in-depth time management strategies, or specific learning styles. Explore resources from organisations like The Association for Learning Technology or The Chartered Institute of Educational Development on effective learning practices and professional development opportunities.

### **Career or Job Enhancement Pathways:**

- Learning & Development Specialist (with further qualifications)
- Educational Consultant (with further qualifications)
- Tutor/Trainer (focusing on specific skill development)
- Productivity Coach

### **How do I enrol?**

The quickest way to enrol is online at [www.oucoursesouthwest.co.uk](http://www.oucoursesouthwest.co.uk), simply create an account and select 'Enrol now'. Alternatively, if you have any questions, please call our friendly customer service team on 01752 660713.

### **How will the course be delivered?**

This is a practical course, and the sessions will include tutor-led demonstrations, learner-led group activities, instruction and repetition. These will form part of the delivery together with one-to-one support as required.

**Will I need to practise outside the classroom?**

You will be encouraged to review your notes between lessons to ensure maximum benefit from your course. It is always useful to practise your skills between sessions. Your tutor may encourage home learning, or independent research.

**How will I know I'm making progress?**

During the first session, your tutor will discuss your goals and current level in relation to the course. Based on this assessment, you will agree individual targets which you will record in your individual learning plan (ILP). You and your tutor will review your targets regularly to ensure that you are making progress; these will be written in your individual learning plan.

**What will I need?**

Please bring a notepad, and pen to each session. You may wish to bring a file for any handouts. A laptop with internet access is required for completion of coursework and home learning outside of the classroom.

**Please note:**

Most courses attract a subsidy from the Education and Skills Funding Agency (ESFA). It is a requirement of the ESFA that you complete various forms at different stages of your course, further information is available on request. Courses are subject to a minimum number of enrolments and could be cancelled if recruitment is low. In some cases, an alternative class at a different location may be offered.

Terms and conditions are available at

<https://www.onsouthwest.co.uk/learner-information/essential-information-for-every-learner>

Room numbers are subject to change - please check when you arrive at the venue.

