

Sustainable/Green Living Fundamentals



Course Code DH03D23A

Venue: Room

Hyde Park House
Mutley Plain
Plymouth
Devon

PL4 6LF

Start Date: 02 July 2024

End Date: 23 July 2024

Sessions: 4

Day(s): Tuesday

Start Time: 18:00

End Time: 20:30

Cost of course: Free

Before you enrol.	View the course info sheet via the link above for further information regarding the course, what you will learn, objectives and possible progression or career pathways. Alternatively, our team of Learning Advisors will be happy to provide you with information and discuss courses you may be interested in. Visit our website at www.onsoursesouthwest.co.uk or contact us on 01752 660713 to make an appointment.
How do I enrol?	The quickest way to enrol is online at www.onsoursesouthwest.co.uk , simply create an account and select 'Enrol now'. Alternatively, if you have any questions, please call our friendly customer service team on 01752 660713.
Course aims	Embrace a greener lifestyle! This engaging 4-week course, Sustainable/Green Living Fundamentals, equips you with the knowledge and tools to make informed choices for a healthier planet. Explore key areas like sustainable energy, responsible consumption, and waste reduction. Learn how to cultivate a regenerative garden, navigate eco-friendly product choices, and adopt sustainable practices at home. Join us and discover how small changes can create a big difference!
	What will I learn? Week 1: Introduction to Sustainability - Define sustainability, explore its impact, and discover your personal ecological footprint. Week 2: Power Up for a Greener Future - Delve into sustainable energy sources, explore energy-saving strategies, and learn DIY tips for reducing your energy consumption. Week 3: Consuming Consciously - Understand the environmental impact of different products, navigate eco-labels, and explore sustainable shopping practices. Week 4: Waste Not, Want Not - Master waste reduction techniques, discover composting methods, and explore responsible recycling practices.
How will the course be delivered?	This is a practical course, and the sessions will include tutor-led demonstrations, learner-led group activities, instruction and repetition. These will form part of the delivery together with one-to-one support as required.
Will I need to practise outside the classroom?	You will be encouraged to review your notes between lessons to ensure maximum benefit from your course. It is always useful to practise your skills between sessions. Your tutor may encourage home learning, or independent research.
How will I know I'm making progress?	During the first session, your tutor will discuss your goals and current level in relation to the course. Based on this assessment, you will agree individual targets which you will record in your individual learning plan (ILP). You and your tutor will review your targets regularly to ensure that you are making progress; these will be written in your individual learning plan.
What will I need?	Please bring a notepad, and pen to each session. You may wish to bring a file for any handouts. A laptop with internet access is required for completion of coursework and home learning outside of the classroom.

Please Note:

Most courses attract a subsidy from the Education and Skills Funding Agency and can be used to match funding for ESF. It is a requirement of the ESFA that you complete various forms at different stages of your course, further information is available on request. Courses are subject to a minimum number of enrolments and could be cancelled if recruitment is low. In some cases, an alternative class at a different location may be offered.
Room numbers are subject to change - please check when you arrive at the venue.

On Course South West

Tel: 01752 660713

HYDE PARK HOUSE, MUTLEY PLAIN, PLYMOUTH, PL4 6LF

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