

# Course Information Sheet

F01EV99AD

**Adverse Childhood Experiences Level 2 Certificate**



[OCSW F01EV99AD Trauma Informed \(Understanding Adverse Childhood Experiences\) Level 2 \(oncoursesouthwest.co.uk\)](https://oncoursesouthwest.co.uk)

## **Course Description:**

Understand the impact of ACEs and build resilience! This qualification equips you to support individuals and communities affected by adverse childhood experiences.

Deepen your understanding of Adverse Childhood Experiences (ACEs). Explore the impact of ACEs on individuals and society. Gain the knowledge and skills to identify ACEs, promote resilience, and support those affected.

Key areas covered include:

- Introduction to ACEs, different types, and their prevalence.
- Exploring the impact of ACEs on physical & mental health, and the science of trauma.
- Understanding resilience, protective factors, and building coping mechanisms.
- Learning to support individuals affected by ACEs, trauma-informed approaches.
- Promoting resilience in children, young people, families & communities, public health strategies.

## **Who should join this course?**

This course is ideal for:

- Professionals working in health, social care, and education sectors
- Support workers and counsellors
- Teachers and childcare practitioners
- Anyone wanting to understand the impact of ACEs and promote resilience

### **Entry Requirements**

Previous level 1 maths and English achievement or demonstrating the ability to work at these levels is recommended

### **Progression Opportunities:**

This course can serve as a stepping stone to further qualifications in health and social care, mental health, or trauma-informed practice, such as counselling or public health. With experience, you could progress into roles like:

- Mental Health Support Worker
- Social Worker (children & families)
- Trauma-Informed Practitioner
- Youth Worker

### **How do I enrol?**

To apply for this course online at [www.oucoursesouthwest.co.uk](http://www.oucoursesouthwest.co.uk) and simply click on the 'How to Enrol' button and complete the Enrolment Form and one of our customer service team will be in touch or call to speak to one of our friendly Learning Advisors on 01752 660713. You will be invited to undertake an initial assessment to ascertain your levels of English and maths prior to entry on this course of study.

### **How will the course be delivered?**

This is an **E-Learning course** and is exclusively delivered via an online learning, self-study programme. You will be enrolled for an online learning platform and will work independently through the units and materials provided.

### **Will I need to practise outside the classroom?**

This is an E-learning course, and your study pattern is self-managed. A commitment of 2 - 3 hours per week is suggested to enable successful completion of the course within the timescale of 20 weeks.

### **How will I know I'm making progress?**

You will receive regular feedback from an assessor following completion and submission of individual units.

**What will I need?**

A laptop or desktop computer with internet access is required for completion of coursework and home learning

**Please note:**

Most courses attract a subsidy from the Education and Skills Funding Agency (ESFA).

It is a requirement of the ESFA that you complete various forms at different stages of your course, further information is available on request. Courses are subject to a minimum number of enrolments and could be cancelled if recruitment is low. In some cases, an alternative class at a different location may be offered.

Terms and conditions are available at

<https://www.onsouthwest.co.uk/learner-information/essential-information-for-every-learner>

Room numbers are subject to change - please check when you arrive at the venue.

