

Course Information Sheet

Preparation for Parent Responsibilities



FP01E21A

Venue Hyde Park House	Start Date	1 Oct 2024 10:00
	End Date	10 Dec 2024 12:00
	Fee	Full Fee £196 Concession £0
	Materials	£0

[OCSW FP01E21A Preparation for Responsibilities of Parenting \(oncoursesouthwest.co.uk\)](https://oncoursesouthwest.co.uk)

Course Description:

Prepare for the rewarding journey of parenthood with our comprehensive course on the responsibilities of parenting, covering essential knowledge and practical skills.

Our Preparation for Responsibilities of Parenting course is designed to equip prospective and current parents with the knowledge and skills needed to navigate the challenges and joys of parenthood. Learners will delve into topics such as child development, effective parenting strategies, health and nutrition, and financial planning for families. This course combines theoretical insights with practical advice, ensuring that learners are well-prepared to provide a nurturing and supportive environment for their children.

What you will learn:

- Understanding Child Development
- Stages of physical, cognitive, and emotional development
- Influences on child development (genetics, environment, parenting styles)

- Effective Parenting Strategies
- Positive parenting techniques
- Building strong parent-child relationships
- Discipline and behaviour management

- Health and Nutrition for Children
- Basic nutritional needs for different age groups
- Promoting healthy eating habits
- Understanding childhood illnesses and preventive care

- Financial Planning for Families
- Budgeting for family expenses
- Saving for education and future needs
- Understanding parental leave and benefits

- Safety and Well-being
 - Childproofing your home
 - Ensuring physical and emotional safety
 - Responding to emergencies and first aid basics
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- Practical Parenting Skills
 - Hands-on activities and role-playing scenarios
 - Real-life parenting challenges and solutions

Who should join this course?

This course is ideal for individuals interested in childcare, including prospective parents, new parents, caregivers, and anyone looking to enhance their parenting skills.

Our target audience includes new and expecting parents, caregivers, child care professionals, and anyone interested in gaining a deeper understanding of the responsibilities of parenting.

Entry Requirements

Previous achievement of level 1 maths and English or demonstrating the ability to work at these levels is recommended.

Progression Opportunities:

Upon completion, learners can pursue further qualifications such as Diploma in Childcare and Education, courses in Early Years Education, or specialised training in Parenting Support and Guidance

How do I enrol?

To apply for this course online at www.oucoursesouthwest.co.uk and simply click on the 'How to Enrol' button and complete the Enrolment Form and one of our customer service team will be in touch or call to speak to one of our friendly Learning Advisors on 01752 660713. You will be invited to undertake an initial assessment to ascertain your levels of English and maths prior to entry on this course of study.

How will the course be delivered?

You will be working with your tutor and other learners face to face.
There will be mandatory written assignments to achieve this qualification.

Will I need to practise outside the classroom?

You will be encouraged to review your notes between lessons to ensure maximum benefit from your course. It is always useful to practise your skills between sessions. Your tutor may encourage home learning, or independent research.

How will I know I'm making progress?

Your tutor will set objectives for the session and give feedback on how you are progressing. You will agree personal targets as part of your Individual Learning Plan (ILP), and you will review your targets and the start and end of the session.

What will I need?

Please bring a notepad and pen, and a file for your coursework and handouts.

Please note:

Most courses attract a subsidy from the Education and Skills Funding Agency (ESFA). It is a requirement of the ESFA that you complete various forms at different stages of your course, further information is available on request. Courses are subject to a minimum number of enrolments and could be cancelled if recruitment is low. In some cases, an alternative class at a different location may be offered.

Terms and conditions are available at

<https://www.onsouthwest.co.uk/learner-information/essential-information-for-every-learner>

Room numbers are subject to change - please check when you arrive at the venue.

