# **Course Information Sheet**

## Suicide Awareness Level 2 Award

#### FP01E51B



Venue © Hyde Park House	Start Date	29 Nov 2024 10:30
	End Date	13 Dec 2024 12:30
	Fee	£63 Concession £0
	Materials	£0

OCSW FP01E51B Suicide Awareness (oncoursesouthwest.co.uk)

## **Course Description:**

Suicide Awareness Level 2 Award

Enhance your understanding of suicide prevention and intervention strategies with our comprehensive Suicide Awareness Level 2 Award qualification.

Designed to equip learners with essential knowledge and skills to recognize and respond to signs of suicidal behavior. This course delves into the complexities of suicide, providing a thorough understanding of the causes, warning signs, and appropriate intervention techniques. Through a blend of theoretical knowledge and practical exercises, participants will gain confidence in their ability to support individuals in crisis, making a significant difference in their communities and workplaces.

What you will;

## Week 1:

- Introduction to Suicide Awareness
- Understanding suicide statistics and demographics
- Exploring myths and misconceptions about suicide
- Identifying Risk Factors and Warning Signs
- Mental health issues and their role in suicidal behavior
- Recognizing verbal and non-verbal warning signs

#### Week 2:

- Intervention Strategies
- Approaches to talking about suicide
- Safe and effective intervention techniques
- Building Support Networks
- Importance of community and professional support
- Resources and referrals for ongoing support

#### Week 3:

- Practical Application
- Scenarios and case studies
- Developing personalised intervention plans
- Assessment and Reflection
- Review of key concepts
- Self-assessment and peer feedback

### Who should join this course?

Our target audience includes security personnel, mental health professionals, social workers, educators, and anyone interested in enhancing their suicide prevention skills.

### **Entry Requirements**

There are no entry requirements for this course. This course is for anyone with an interest in mental health. People with some knowledge on this subject may join this course to develop their understanding

# **Progression Opportunities:**

Upon completion, learners can pursue further qualifications such as Mental Health Awareness, Counselling Skills, or specialised training in Crisis Intervention and Management.

#### How do I enrol?

To apply for this course online at www.oncoursesouthwest.co.uk and simply click on the 'How to Enrol' button and complete the Enrolment Form and one of our customer service team will be in touch or call to speak to one of our friendly Learning Advisors on 01752 660713. You will be invited to undertake an initial assessment to ascertain your levels of English and maths prior to entry on this course of study.

#### How will the course be delivered?

You will be working with your tutor and other learners face to face.

#### Will I need to practise outside the classroom?

You will be encouraged to review your notes between lessons to ensure maximum benefit from your course. It is always useful to practise your skills between sessions. Your tutor may encourage home learning, or independent research.

# How will I know I'm making progress?

Your tutor will set objectives for the session and give feedback on how you are progressing. You will agree personal targets as part of your Individual Learning Plan (ILP), and you will review your targets and the start and end of the session.

#### What will I need?

Please bring a notepad and pen, and a file for your coursework and handouts.

#### Please note:

Most courses attract a subsidy from the Education and Skills Funding Agency (ESFA). It is a requirement of the ESFA that you complete various forms at different stages of your course, further information is available on request. Courses are subject to a minimum number of enrolments and could be cancelled if recruitment is low. In some cases, an alternative class at a different location may be offered.

Terms and conditions are available at

https://www.oncoursesouthwest.co.uk/learner-information/essential-information-for-every-learner Room numbers are subject to change - please check when you arrive at the venue.









