

# Counselling Studies Certificate L3

Course Code Z01CF23A



Venue: Room 2

TBC

**Start Date:** 20 September 2022

**End Date:** 11 April 2023

**Sessions:** 30

**Day(s):** Tuesday

**Start Time:** 18:00

**End Time:** 21:00

**Cost of course:** Available On Request

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## Fees

Exam fee: £144 (included in the above costs)

IQA fee: £60 (included in the above costs)

## Before you enrol on this course

Please speak to one of our friendly learning advisers on 01752 660713. This course is not available for online enrolment.

This course won't train, or qualify you, to be a Counsellor, but it will better assist you with offering counselling in an agency setting.

This qualification is intended for candidates who have already acquired a recognised qualification in counselling skills at level 2, and who want to:

- Take the next step in training to become a Counsellor
- Learn more about counselling theory, ethics and mental health
- Be better prepared for work as a professional counsellor in an agency setting.

You will need to take an online initial assessment to understand your levels of English and Maths prior to entry on this course.

## Entry requirements

This course is suitable for anyone who has achieved the CPCAB Certificate in Counselling Skills CSK-L2 course, or equivalent. Evidence of prior attainment will be expected.

## Course intent

The CPCAB Certificate in Counselling Studies CST-L3 introduces you to three main theoretical approaches to counselling and what you can expect from working within a counselling agency. Emphasis is placed on competent ethical practice that is informed by self-awareness, personal accountability and a solid foundation of respect for the client. The course is also useful for anyone who is involved in working with others in a supporting role; either in a voluntary or employed situation.

The core theoretical model for this course is Person-Centred/Humanistic counselling. It also covers Cognitive Behavioural Therapy and Transactional Analysis. In addition, the course will cover models of supervision, its importance in developing the practitioner and how it informs safe and ethical practice in accordance with the BACP Ethical Framework. There are seven learning outcomes and associated assessment criteria to achieve.

## How will the course be delivered?

This is a practical course and the sessions will include tutor-led demonstrations, learner-led activities, instruction and repetition. These will form part of the delivery together with one-to-one support as required.

## Will I need to study or practise outside the classroom?

There is a considerable amount of work for you to do in your own time for this qualification. Please allow a minimum of 3 hours per week for this. There will be formal assignments which may include essays, research, reading or preparing presentations.

**How will I know I'm making progress?**

Your tutor will set objectives for each session and give feedback on how you are progressing. You will agree personal targets as part of your Individual Learning Plan (ILP), and you will review your targets throughout the course to check your own progress.

You will complete assignments with deadlines, these will be assessed regularly, and feedback given to support your portfolio of work, required to meet the standards.

**What will I need for the course?**

Please bring a pen and notepad to each session

**Progression**

Look out for information regarding follow on courses.

Learning Advisers will be happy to provide you with information on your next steps after this course.

Visit our website at [www.uncoursesouthwest.co.uk](http://www.uncoursesouthwest.co.uk) or contact us on 01752 660713 to discuss or to make an appointment.

**Please note**

Most courses attract a subsidy from the Education and Skills Funding Agency and can be used to match funding for ESF. It is a requirement of the ESFA that you complete various forms at different stages of your course, further information is available on request. Courses are subject to a minimum number of enrolments and could be cancelled if recruitment is low. In some cases, an alternative class at a different location may be offered.

Room numbers are subject to change - please check when you arrive at the venue.

**ON COURSE SOUTH WEST**  
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**[www.uncoursesouthwest.co.uk](http://www.uncoursesouthwest.co.uk)**



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